



(COGNITIVE BEHAVIOURAL THERAPY TRAINER)

(2-year Contract Position, up to 252 hours annually)

The Schizophrenia Society of Ontario (SSO) is a charitable organization servicing the community since 1979 providing services across Ontario. Our mission is to make a positive difference in the lives of people, families and communities affected by schizophrenia and psychotic illnesses. Our services include:

- ✓ Support services to individuals, families and communities
- ✓ Education, training and public awareness
- ✓ Youth mentorship, support and empowerment
- ✓ Advocacy and impacting systems change
- ✓ Research

Part A

Position Overview:

Having recently embraced Cognitive Behavioural Therapy (CBT) to effectively support individuals experiencing psychosis and/or living with schizophrenia, SSO has received funding from the Ontario Trillium Foundation – Local Poverty Reduction Fund – to implement a three-year initiative to evaluate the use of CBT for psychosis (CBT-p) as an intervention to the poverty cycle.

The overall goal of the project is to increase capacity of frontline service providers to use CBT-p in their interactions with clients, and to improve client outcomes related to program engagement and stable community living.

Reporting to the Cognitive Behavioural Therapy Coordinator, the CBT Trainer will deliver CBT-p skills training and provide support for staff in a variety of community organizations that interface with vulnerable populations, including individuals living with mental illness. Over the course of this initiative, new community organizations and their staff will be onboarded each year, resulting in an engagement of four organizations in diverse community sectors.

This position works in a team with one other trainer as well as advisory members to support the ongoing progress of the partner sites.

Part B

Key Areas of Responsibility:

- Assist with curriculum writing, the development of an online resource centre and deliver training to frontline staff at partner organizations.
- Provide implementation support to partner organizations as needed following the delivery of training.
- Liaise with the CBT advisory and adapt the training methodology to the partnering sites accordingly.
- Modify curriculum for newly onboarded organizations in years 2 and 3.
- Assist the development of supportive materials to accompany the trainings.
- From time to time other duties may arise or be required as part of this program.

Part C

Education and Experience:

Education:

- Masters-level education and 3-5 years' experience, or an equivalent in education, training and experience, in the field of social services and/or psychotherapy.
- Must be registered and in good standing with the Ontario College of Social Workers and/or the College of Registered Psychotherapists of Ontario and/or the College of Nurses of Ontario.
- Must have CBT training or certification.

Experience/Skills Required:

- A demonstrated understanding of and ability to work with individuals impacted by serious mental illness.
- Previous experience writing curriculum and delivering training to adult learners.
- Strong verbal, written and presentation skills with a keen eye for detail.
- Experience working within multi-disciplinary environments and diverse, vulnerable communities.
- Understanding of frontline community work.

Relevant Skills and Attributes:

- Strong grasp of issues related to this program: poverty, mental illness, vulnerable populations.
- Ability to meet strict project timelines and deliverables; extremely detail-oriented with proven problem-solving skills.
- Flexibility to adapt to the different aspects of the initiative and changes in its development and implementation.
- Computer literate in Microsoft Office and Google Documents application.
- Ability to work with minimal supervision.

Part D

Scope/Accountability:

- Assist the writing of curriculum and development of an online resource centre under the supervision of the CBT Coordinator.
- Deliver training (2, five-day sessions) and support implementation.
- Develop supporting materials
- Curriculum modifications
- Attend CBT-p training

Key Contacts:

- CBT Coordinator

To apply for this exciting opportunity please submit your resume and cover letter (one document in Word or pdf format) by **April 16, 2018** via e-mail to info@schizophrenia.on.ca. This posting will remain active until the position is filled.

As an employment-equity employer, SSO actively seeks Aboriginal peoples, people from racialized communities, women and additional diverse identities for our organization.

We thank all applicants in advance, but only those selected for an interview will be contacted.