



Fall 2016 Newsletter

Peace of Minds Yoga

Join us on February 25, 2017 in Toronto and Oakville for a variety of yoga classes while raising funds to provide programs and services to people living with mental illness. [Read More](#)



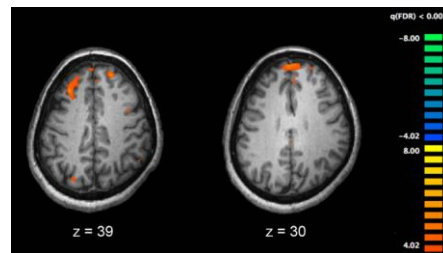
Caregivers and Professionals Learn CBT-p Skills

From October 29 to November 6, SSO hosted the second Cognitive Behaviour Therapy for psychosis (CBT-p) training for caregivers. [Read More](#)



Largest study of its kind finds rare genetic variations linked to schizophrenia

Genetic variations that increase schizophrenia risk are rare, making it difficult to study their role. To overcome this, scientists analyzed the genomes of more than 41,000 people in the largest study of its kind to date. [Read More](#)



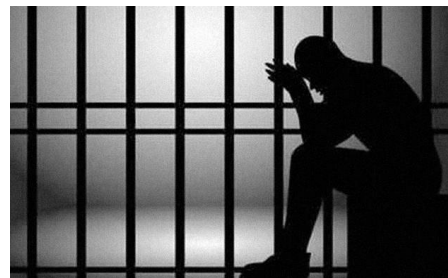
SSO's Federal Pre-Budget Submission

SSO recently responded to the federal government's call for Canadians to share their priorities for the 2017 federal budget. [Read More](#)



Mental-health group renews call to end prison segregation

Calling new figures on segregation in Ontario prisons "alarming," the Schizophrenia Society of Ontario has renewed its call for a complete prohibition on the practice of placing inmates alone in cells for upward of 22 hours a day without meaningful human interaction. [Read More](#)



Give the Gift of Education this Holiday Season

This Giving Tuesday, support SSO's scholarship program. A program that helps people like Dimitri. [Read More](#)



STAY CONNECTED:



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