



SCHIZOPHRENIA
SOCIETY OF ONTARIO
A REASON TO HOPE

Winter 2018 Newsletter

New Year, New Office: SSO is Moving

The Schizophrenia Society of Ontario (SSO) will be starting off 2018 with an exciting change. [Read More](#)



Bell Let's Talk Day 2018

On Bell Let's Talk Day, SSO focused on taking care of mental health. Whether you live with a mental illness or not, everyone needs to be mindful of their mental well-being, take time for themselves and recharge. [Read More](#)



Lieutenant Governor of Ontario Honours SSO

The Honourable Elizabeth Dowdeswell, Lieutenant Governor of Ontario held a reception in recognition of the Schizophrenia Society of Ontario. [Read More](#)



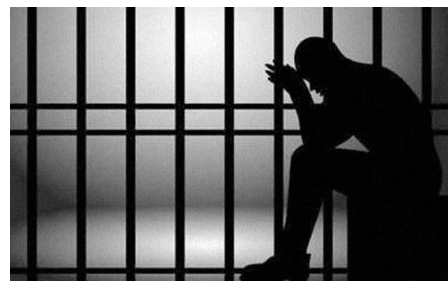
2018 Pre-Budget Submission

SSO renews its call for greater investment in supports for individuals, families and communities affected by schizophrenia and psychosis as part of the province's 2018 pre-budget consultations. [Read More](#)



Indefinite solitary confinement in Canadian prisons ruled unconstitutional by B.C. court

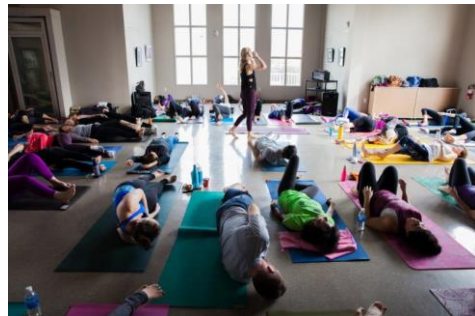
A B.C. Supreme Court judge has ruled that the practice of prolonged and indefinite solitary confinement in Canadian prisons is unconstitutional. [Read More](#)



Upcoming Events

Peace of Minds Yogathon 2018

The 2018 Peace of Minds Yogathon is taking place in Hamilton on **February 10, 2018** and Oakville on **February 24, 2018**. [Read More](#)



STAY CONNECTED:

